



proudly present the

Jingle Bell 5K Run

*Race in front of Thousands of Spectators
Right before the Christmas Parade!*

Saturday, December 13, 2008

10:30 am Registration & Packet Pick-up
11:30 am Race Start

Wallace Brooks Park (Start/Finish)

Dampier Street Inverness, Florida
(Parking behind the New Court House)

5K Awards (T-Shirts guaranteed to pre-registered only)
Overall Individual Male / Female
Overall Masters (40+) Male / Female
Medals 3 Deep in 5 year Age Groups (9-under thru 75-up)

5K Entry Fee Register on-line: www.active.com
\$15 Pre-Registered (by December 9th)
\$13 CRR Club Member (Advanced Registration Only)
\$20 Race Day Registration (All Athletes)



More info available at
www.citrusroadrunners.org

Contact Chris Moling (352) 637-2475 email: chris@citrusroadrunners.org

Immediately preceding the Inverness Christmas Parade on an out and back course over the parade route.

Please enter me in the () 5K Run

Amount Enclosed: _____

Make checks payable to: CITRUS ROAD RUNNERS
P.O. Box 94
Inverness, FL 34451

T-SHIRT SIZE () S () M () L () XL

NAME _____ AGE (ON RACE DAY) _____ DOB ____ / ____ / ____ SEX _____

ADDRESS _____ E-MAIL _____

CITY _____ STATE _____ ZIP _____ PHONE () _____

JINGLE BELL 5K RELEASE WAIVER:

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of weather, including high heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skate boards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Citrus Road Runners, City of Inverness, RRCA, DRC Sports, Chris Moling, and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the person named in this waiver. I also agree that I may be examined and treated if necessary during the course of the race by qualified race personnel in the event medical problems of any cause arise. The race officials or qualified personnel have the right to remove me from the race if, in their opinion, I may be suffering from a life threatening condition.

SIGNATURE(Parent if under 18 years of age) _____